

Shelby County Office of Preparedness HLS / EMA

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FOR IMMEDIATE RELEASE

June 27, 2014

Shelby County Offers Free Preparedness Training





Photo Captions: Left: CERT students, Mildred Nelson and Glenda Haney, rescue a victim from under rubble during light search and rescue. Right: CERT student, Mikyhia Worsham, demonstrates splinting techniques for a closed fracture during medical first aid.

The unexpected....severe thunderstorms, flooding, earthquakes, major fires, hazard materials spills, power outages, and terrorism can occur any time, any place. Are you prepared to survive? Would you know what to do?

Learn how you can prepare for all hazards and threats by taking the Community Emergency Response Team (CERT) training from the Shelby County Office of Preparedness, under the direction of Bob Nations, Jr. CERT teaches students what to do before, during, and after a disaster. Modules include fire suppression, psychology, medical triage and first aid, hazardous materials, preparation (learn how to create a "go kit" and prepare for pets, seniors and special needs), and light search and rescue. Graduates gain life-saving skills and a new confidence that they know what do when an unexpected event occurs. After training, graduates will be able to assist their family, neighbors, and co-workers until professional rescuers arrive on the scene.

CERT training is held on two consecutive Saturdays at 1075 Mullins Station Road, Memphis, TN 38134 from 8:00 a.m. – 4:30 p.m. **The next CERT class is scheduled for July 19 and 26, 2014.** Pre-registration is required. To sign up, please email Sandra Mathias at mathiassl@bellsouth.net.